FISHING FOR FEELINGS

We use lots of different words to describe our feelings. Can you sort the words in the sea into the right fishing nets?

ANGRY

SAD

EXCITED

CALM

HAPPY

SCARED

Pleased

Tranquil

Worried

Unhappy

Eager

Upset

Panicky

Irritated

Peaceful

Nervous

Down

Anxious

Delighted

Thrilled

Optimistic

Annoyed

Furious

Joyful

Cheerful

Sulky

Serene

Miserable

Frightened

Cross

Upbeat

Relaxed